

## Classes at The Playroom

14392 Ventura Blvd.  
Sherman Oaks, CA 91423  
(818) 784-PLAY (7529)



### Chefs in Training (Ages 3+)

Introduce your child to the fun of cooking! Little chefs will learn new recipes they can bring home and share with the whole family. We will have a great time learning about nutrition, kitchen safety and the excitement of trying new foods. Math, science and social skills are just a few skills that they will sharpen.

Tuesdays 11:00-12:00pm or 3:30-4:30pm

5 week session starting February 15th - March 15

## Classes at The Silver Lake Jewish Community Center (SIJCC)

1110 Bates Ave  
Los Angeles, CA 90029



Classes begin February 16<sup>th</sup>

Chefs in Training (3-5 yrs.) Wednesdays 3:00-3:45

Junior Chefs (6-12 yrs.) Wednesdays 4:30-5:30

RSVP is required for all classes  
Sibling discounts available



Contact *Shanti* for questions or enrollment at (818) 419-0648 or [shanti@stiritupla.com](mailto:shanti@stiritupla.com)



We also offer cooking services for new Moms & Dads.  
Life can be demanding enough but why worry about dinner too!  
*Stir-it-Up* will come to your home and help prepare fresh and healthy  
meals to enjoy for the week.

Call for details